

PEDESTRIAN SAFETY



What is a pedestrian?

A pedestrian is a person who is walking, especially in an area where vehicles go. Being a safe pedestrian is an important life skill that ALL families need to practice. To be a safe pedestrian, we:

- ✓ **ALWAYS** look left and right.
- ✓ **TAKE CARE** when crossing the road.
- ✓ **PLAN** where we will walk.
- ✓ **ALWAYS** choose the safest place to cross the road.
- ✓ **HOLD HANDS** with children at all times.

The Australian road environment

In many other countries around the world, we know pedestrians, cars, bikes, tuk tuks/rickshaws and other vehicles share the road space at the same time. Pedestrians may walk on the road or weave between vehicles to cross the road.

In Australia, we try to keep vehicles and pedestrians separate. Some of the things we build to keep pedestrians safe:

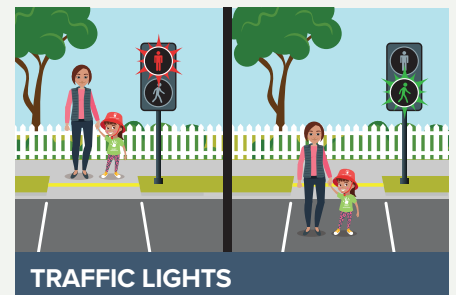
- ✓ Footpaths are safe walking paths. **Always stay on a footpath**, rather than walking on a road.
- ✓ Line marking is installed to **keep cars away from pedestrians** when they are crossing the road.
- ✓ There are **safe places to cross the road**, such as school crossings, pedestrian crossings and traffic lights.



SCHOOL CROSSING



PEDESTRIAN/ZEBRA CROSSING



TRAFFIC LIGHTS

SIMPLE WAYS TO KEEP EVERYONE SAFE

Hold hands at every crossing

Adults are there to keep children safe. Adults have more experience around roads and can make safer decisions.

Four safety words to teach every child

- ✋ **STOP** before you get to the road
- 👁️ **LOOK** use your eyes, look left and right, look for cars, bikes, trucks, and a safe place to cross the road
- 👂 **LISTEN** with your ears, listen for vehicles, horns beeping, sirens
- 💡 **THINK** and decide if it is safe to cross the road



Carpark Safety

Carparks are busy places with vehicles, just like roads. Have young children put their hand on your car to stop them moving around in the carpark without you. Remember to hold hands.



Driveways

As a pedestrian, remember to look and listen for vehicles coming in and out of every driveway you walk past. Driveways are not a safe place for children to play.



BENEFITS OF ACTIVE TRAVEL

What is Active Travel?

Active travel is walking, riding or scooting in your neighbourhood rather than using a car. Active Travel is great for your family's health and wellbeing, better for the environment and reduces traffic congestion. Walking, riding, scooting to/from school has great health benefits for students.

Have you ever thought about Park and Walk?

Park and Walk is where you park a little further away from your destination (such as your school), and enjoy a short walk together as a family to avoid traffic congestion.



If choosing to ride or scoot to school, it is law to wear a helmet. You must always wear a helmet on roads, footpaths, bike paths, bike lanes and car parks.

**HELMETS CAN
REDUCE A HEAD
INJURY BY 74%.**

Students who walk to school have been found to have:

- ✓ **higher academic performance** in terms of attention/alertness, verbal, numeric, and reasoning abilities.
- ✓ **higher degree of pleasantness and lower levels of stress** during the school day.
- ✓ **higher levels of happiness, excitement, and relaxation** on the journey to school.
- ✓ **increased personal growth** by developing a sense of independent decision making, emotional bonds with peers and the natural environment, and building road safety knowledge and skills.
- ✓ **more physical activity** which comes with increased metabolism, improved cardiorespiratory fitness, and lower weight and BMI.



Contact the City of Casey:

Web: www.casey.vic.gov.au/safe-around-schools
Email: Safearoundschools@casey.vic.gov.au
Phone: 03 9705 5200
Post: PO Box 1000, Narre Warren VIC 3805
NRS: 133 677 (for the deaf, hearing or speech impaired)

Customer Service Centres:

Narre Warren: Bunjil Place, Patrick Northeast Drive
Cranbourne: Cranbourne Park Shopping Centre
ABN: 43 320 295 742



TIS: 131450 (Translating and Interpreting Service) المترجم الفوري 翻译 مترجم شفاهي ಕೃತಾರ್ಥಿಗಾ ಉಚಿತ ದೂರವಾರ್ತೆ

CASEY.VIC.GOV.AU